Peace of Mind
Foundation

Newsletter | October 15–30, 2026

Message from
Saman Shri Shrutpragyaji



My three-month spiritual journey across the United States was deeply fulfilling, meaningful, and spiritually enriching. I had the opportunity to share dharma and connect with Jain communities across **15 Sanghs**, including Chicago, Memphis, Cincinnati, New Jersey, Houston, Amarillo, Atlanta, and several other cities.

One of the most cherished highlights of this journey was the opportunity to conduct **Paryushan Parva in Austin, Texas**. Among the many successful Paryushan celebrations I have experienced, this one holds a very special place in my heart.

Organized by **JAINA**, the Paryushan program from the Jain Sangh of Austin was presented online globally, allowing nearly **5,000 people** around the world to participate and benefit from the spiritual discourses and observances.

The complete series of these programs is available on the **Peace of Mind Rajkot YouTube channel**, allowing seekers to revisit and benefit from the teachings.

As I return to India, the journey continues. I will now be engaged in **Dharma Prabhavana across Gujarat and Rajasthan**, while also taking time for my own inner journey. I plan to spend periods of silence, meditation, self-observation, and spiritual practice in **Kutch and other ashrams**.

> *"The journey outward connects us with the world; the journey inward connects us with ourselves."*

With gratitude for the love, support, and spiritual connection received throughout this journey, I look forward to continuing this path of **Dharma, Sadhana, and Self-Awareness.**

Saman Shri Shrutprayaji

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Newsletter | October 15–30, 2026

Singapore



From Service to Respect:
Samanji's Three Resolutions for the Sangh

Singapore | September 27 - 28, 2026

Three Resolutions for a Stronger Sangh

1. Let service be the foundation of the Sangh.
2. Let joy be the foundation of religion.
3. Let respect be the foundation of our relationships.

On September 27, during the **Sangh Bhojan** organized after Paryushan Parva at **SJRS – Singapore Jain Religious Society**, Saman Shri Shrutpragyaji shared these thoughts and emphasized that the **Sangh is one of the greatest sources of strength in Kalyug** (the present age).

When an individual feels emotionally or mentally unwell and unbalanced, the Sangh becomes a source of reassurance, support, and trust. Therefore, each of us should reflect upon and decide: ***"What can I contribute to the Sangh through my service?"***

Speaking about the second principle—***"Let joy be the foundation of religion"***—Samanji explained that religion should not become centered on suffering or deprivation. Religion should be approached with enthusiasm and should become a source of inner joy and fulfillment. Rather than constantly focusing on ***what we have to give up***, our attention should be on ***what we can attain*** *through spiritual living.* Religion should inspire us toward positive transformation rather than being understood merely through *prohibitions* and restrictions.

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Singapore





From Service to Respect:
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Singapore | September 27 – 28, 2026

The Third Principle

The third principle is: ***"Let respect be the foundation of our relationships."*** Samanji said that if we wish to develop the kind of ***Ādeya Nāma Karma***, through which one becomes worthy of respect and acceptance like **Lord Parshvanath,** we must learn to **respect every person,** including those whom we may consider small or insignificant.

Three Resolutions for Maintaining the Unity and Integrity of the Sangh

1. Never criticize or speak ill of anyone in the Sangh.
2. Even when there are differences of opinion, do not allow those differences to become differences of heart. Our thoughts may differ, but we should never hold hatred or ill will toward one another.
3. Do not ask only, ***"What have I received*** from the ***Sangh?"*** Instead, ask, ***"What have I contributed to the Sangh?"***

Samanji was hosted at the residence of **Ritu and Sanjay Munot.** Members and volunteers of the Sangh warmly welcomed him and presented an overview of his various social and service initiatives.

Saman Shri Shrutpragyaji departed from Singapore for **Rajkot** on ***September 28.***

Saman Shri Shrutpragaji

Peace of Mind
Peace of Mind Foundation
Newsletter | Scholarship Initiative • Bhanvad, Gujarat

Celebrating Bright Futures

Scholarship Awards at Purusharth Vidyaniketan, Bhanvad

For the past 15 years, Peace of Mind Foundation, Rajkot, has been awarding scholarships to bright and deserving students from economically disadvantaged backgrounds.
In the second round at Purusharth Vidyaniketan, Bhanvad, 12 girls received full scholarships.
Featured here are six scholarship recipients and their generous sponsors.



1

Vibhuti Naranbhai Kadavala

Grade 10th
Sponsored: In memory of Arunaben Shah, from Kantibhatibhai Shah, Denver, CO.



2

Nehal Kandhabhai Karangia

Grade 10th
Sponsored: Surekhaben Ashokbhai Patrawala, Pleasanton, CA.



3

Pragti Mansukhbhai Piparotar

Grade 10th
In Memory of Arunaben Shah, from Kantibhai Shah, Denver, CO.



4

Nidhi Ramdebhai Shida

Grade 10th
Surekhaben Ashokbhai Patrawala, Pleasanton, CA.



5

Shreya Bharatbhai Mehta

Grade 10th
In Memory of Arunaben Shah, from Kantibhai Shah, Denver, CO.



6

Sejal Avdabhai Modhvadhiya

Grade 11th
Sponsored: Roopal Jain, Greenville, SC, & Akash Kamath - Fremont - CA.



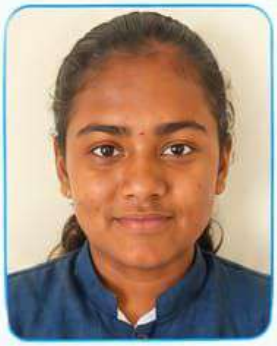
7 Itisha Karshanbhai Khorava

Grade 11th
Sponsored:
Surekhaben Ashokbhai Patrawala from Pleasanton, CA



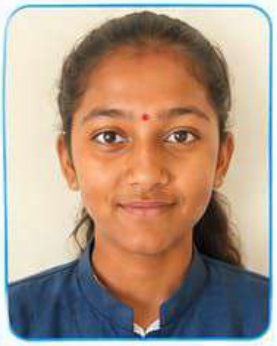
8 Sonakshi Chiragbhai Piprotar

Grade 11th
Sponsored:
Surekhaben Ashokbhai Patrawala from Pleasanton, CA



9 Khyati Nileshbhai Rathod

Grade 11th
Sponsored:
Surekhaben Ashokbhai Patrawala from Pleasanton, CA



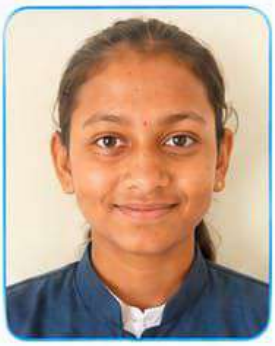
10 Viral Avadabhai Mothavadiya

Grade 11th
Sponsored:
Mitaben Sandhe - St. Louis, MO (Missouri)
(Haste - Avni Mukesh Shah, Fremont, CA)



11 Isha virambhai Gohel

Grade 12th
Sponsored:
Mitaben Sandhe - St. Louis, MO (Missouri)
(Haste - Avni Mukesh Shah, Fremont, CA)



12 Mittal Mansukhbhai Patadiya

Grade 12th
Sponsored:
Mitaben Sandhe - St. Louis, MO (Missouri)
(Haste - Avni Mukesh Shah, Fremont, CA)

A Celebration of Service and Giving at Tapovan, Ghumli

Inauguration Ceremony | October 11, 2026 | Ghumli, Gujarat

Tapovan, Ghumli, witnessed a memorable celebration of generosity, service, and community development through the inauguration of several meaningful initiatives dedicated to the well-being and progress of its students.







1 Mahindra Bolero Truck Donated to Tapovan

A Mahindra Bolero truck was generously donated to Tapovan by Mrs. Kusumben Mahendrabhai Shah of Chicago, through Peace of Mind Foundation, Rajkot. The vehicle was formally presented to the institution by Saman Shri Shrutpragyaji. This valuable contribution will strengthen Tapovan's infrastructure and support its ongoing educational and service activities.

2 Open-Air Gym Inaugurated at Adventure Park

An open-air gym at Tapovan's Adventure Park was inaugurated by Saman Shri Shrutpragyaji. This initiative was made possible through the generous support of Mrs. Rituben Sanjaybhai Mohnot of Singapore. The facility will encourage physical fitness, healthy habits, and the holistic development of students.

3 Activa Scooter Inaugurated

An Activa scooter sponsored by Mrs. Hetalben Sanjaybhai Varu was also inaugurated during the program, adding another valuable contribution to the institution's initiatives.

4 Distinguished Guests

The ceremony was attended by Mr. Bhimshibhai Karmur, Director of the institution, and Mr. Sagarbhai Joshi, Principal. Special guests from the United States, Mrs. Shefaliben Babulbhai Sheth and Mr. Khushalbhai, also graced the occasion with their presence.

5 A Shared Commitment to a Brighter Future

These generous contributions reflect the spirit of compassion, philanthropy, and social responsibility. Through the dedicated efforts of donors, Peace of Mind Foundation, and Tapovan, such initiatives continue to create meaningful opportunities for education, health, and overall student development. Every act of giving builds a stronger institution and a brighter future for the next generation.

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Newsletter
Oct 15 -30, 2026

October Upcoming Schedule

15-17, 2026
Maun Sadhana Manav Mandir
Mandavi: Kutch



18-20, 2026
Bhuj - Kutch
Bhuj - Kutch



21-25, 2026
Rajkot
Rajkot



26-28, 2026
Gandhinagar Shibir
Gandhinagar



29 - Nov 6, 2026
Sambodhi, Rajasthan
Sambodhi, Rajasthan

